



# REGIONAL WINTER FORUM 2013

## Feb 21<sup>st</sup>-23<sup>rd</sup>, Cluj Napoca

### EVIDENCE BASED MEDICINE IN INFERTILITY – FROM CLINICAL STUDIES TO INDIVIDUALS

Organized by  
**Romanian Society of Obstetrics and Gynecology**  
in collaboration with  
**Polish Gynecological Association Section of Fertility and  
Sterility**

**Thursday, Feb 21<sup>st</sup>**

**19.15**      **Opening ceremony**

*Florin Stamatian* – Welcome from local Organizing Committee

*Rafal Kurzawa* – Welcome from Polish Gynecological Association

*Paul Devroey* – Winter Forum as regional meeting

**20.00**      **Dinner**

## Session I – Evidence-based medicine

**Chairmen:** *Paul Devroey (Belgium), Florin Stamatian (Romania)*

- 8.30 – 8.55 Understanding evidence - *Hans Evers (The Netherlands)*
- 8.55 – 9.20 Embryo quality and implantation - *Soren Ziebe (Denmark)*
- 9.20 - 9.45 Megaset – new relevant data for infertility treatment - *Bulent Urman (Turkey)*
- 9.45 – 10.00 Panel discussions
- 10.00 – 10.30 **Coffee break**

## Session II – From consensus meetings to clinical practice

**Chairmen:** *Peter Platteau (Belgium), Soren Ziebe (Denmark)*

- 10.30 - 10.55 Assessing embryo competence - finding a common language, relevant in the real world  
*Basak Balaban (Turkey)*
- 10.55 - 11.20 AMH and others markers – practical guidelines for treatment decision  
*Krzysztof Lukaszuk (Poland)*
- 11.20 – 11.45 Therapeutic strategies in poor ovarian reserve - from evidence to clinical practice  
*Laura Dracea (Romania)*
- 11.45 – 12.10 Ovarian endometriosis and ovarian reserve - the role of surgery - *Koray Elter (Turkey)*
- 12.10 – 12.30 Panel discussions
- 12.30 - 13.30 **Lunch**
- 13.30 – 14.30 **Commented posters session**

## Session III – Meet the experts

- 14.30 - 16.00 **Workshop 1** (clinicians) – **Moderators:** *Paul Devroey, Hans Evers*  
**Debate:** Mixed protocols - *Alan Penzias (USA)*  
Monotherapy protocols - *Peter Platteau (Belgium)*  
Individualization, case studies
- 14.30 - 16.00 **Workshop 2** (embryologists) - **Moderators:** *Basak Balaban, Soren Ziebe*  
**Embryological aspects of ART** (non-top quality embryos, protocols and oocytes quality, new techniques)  
Gonadotrophins stimulation-oocytes/embryos quantity and quality - *Diana Cocei (Romania)*
- 16.00 – 16.30 **Coffee break**
- 16.30 - 18.00 **Workshop 3** (all) – **Moderators:** *Bulent Urman, Soren Ziebe*  
**Clinical aspects of non-success** (cancelled cycle, repeated implantation failure, early pregnancy loss, miscarriage)  
Embryo transfer techniques - *Grzegorz Mrugacz (Poland)*  
The role of endometrial assessment in IVF outcome – *Dragos Albu (Romania)*  
Therapeutic approaches for implantation optimization - *Romeo Micu (Romania)*
- 19:30 **Dinner**

## Session IV – From efficacy to safety

**Chairmen:** *Alan Penzias (USA), Bogdan Marinescu (Romania)*

8.30 - 8.55 Progesterone in all its aspects – not so much during ovarian stimulation...

*Peter Platteau (Belgium)*

8.55 – 9.20

Progesterone in all its aspects – ...but useful in obstetrics – *Florin Stamatian (Romania)*

9.20 – 9.45

OHSS free clinic - *Paul Devroey (Belgium)*

9.45 - 10.00

Panel discussions

10.00 - 10.30

**Coffee break**

## Session V – PCOS

**Chairmen:** *Leszek Pawelczyk (Poland), Mesut Oktem (Turkey)*

10.30 - 10.55

PCOS – how much the endocrine disturbances count for infertility treatment outcome

*Alan Penzias (USA)*

10.55 - 11.20

Oocytes quality of PCOS patients - *Mihai Surcel (Romania)*

11.20 - 11.45

Gonadotrophins with LH activity in PCOS - *Gogsen Onalan (Turkey)*

11.45 - 12.10

IUI - is it reliable? What is the place of IUI in infertility treatment?

*Rafal Kurzawa (Poland)*

12.10 – 12.30

Panel discussions

12.30 - 13.30

**Lunch**

13.30 – 14.30

**Commented posters session**

14.30 – 15.00

**Coffee break**

## Session VI – Meet the experts

15.00 - 17.00

**Workshop 4 (all)**

**Moderator:** *Edgar Mocanu (Ireland)*

**Patient centred ART – synergizing our efforts**

Comparative legislations in Central-Eastern Europe countries

*Nicoleta Cristea-Brunel (Romania)*

Regulations and practice of IVF in Turkey - *Kubilay Vicdan (Turkey)*

17.00 - 17.15

Closing remarks - *Paul Devroey, Florin Stamatian, Rafal Kurzawa*

20:00

**Gala Dinner**